

## In the rush to return to normal, use this time to consider which parts of normal are worth rushing back to.

rushing back to.

( becomingminimalist

You've made it this far! Have you more than survived? I hope so. In today's devotion, I want you to have the chance to write your own reflection. I want you to think about the journey that you've been on since this whole world pandemic began. Do you feel stronger spiritually, mentally, more resilient? Do you feel like you've had to pick up a lot of life skills along the way?

Perhaps you might want to write it as your own devotion, using bible verses that God has comforted your with or perhaps even challenged you with. You could write your reflection in the form of a PSALM. As we have learnt, David wrote many songs and poems expressing his thoughts and feelings to God, often in praise but also in frustration. It could be a picture of how God has spoken to you.

What have you learnt, what have you had to unlearn??

But first, use this song as a background to your reflection. WAIT. Seek his voice as he speaks to you, knowing that God has been with you and remains the same yesterday, today and forever. He reigns!!!



OUR GOD REINS - Bethel https://www.youtube.com/watch?v=jTre4C9nj3k

## HERE IS YOUR CHANCE TO UNLOAD

Thank you for going on this journey. I hope you know that it's not for my benefit that you have done it, but totally for yours! I hope it hasn't felt like homework but a chance to grow deeper in your relationship with God. If you want to send me your reflections you can at <u>barneyridgwell@btconnect.com</u> it would really bless me to see what God has been doing!!

