

# DEVOTION TEN.

## Worship Him Through The Storm!



HEBREWS 10:22 – 25 (MSG) - *So let's do it -full of belief, confident that we're presentable inside and out. Let's keep a firm grip on the promises that keep us going. He always keeps His word. Let's see how inventive we can be in encouraging love and helping out, not avoiding worshipping together as some do but spurring each other on, especially as we see the big day approaching.*



What causes you to worship God? I think for a lot of us it's the same answer which usually consists of: when things are going well or when God has answered our prayer. These are not bad reasons to worship God at all! However have you ever thought about how you might approach God in worship when things in life don't seem to be going your way? You may have heard me share this story before, apologies if you have...

A few years back, I had injured some muscles in my lower back, the pain really limited the way I walked, sat up and down, even lifting the lightest of items. I felt pathetic! It was the same week that there was a worship event happening at our church when we lived in Chichester, one that I had been looking forward to for over a month. I felt really down because we had been asked by the leadership team to lead some movement worship with our dance ministry that we had then and to not be able to worship that night as a dancer really got to me. However, I still ventured out that night with Kay and felt really limited in my mind set of how much I could give in worship. I just wasn't in the right place. On my journey there, I was even planning which wall I could lean against so I didn't have to remain seated the whole time in worship!

The evening started with some passionate prayers of change for our city and transitioned into worship lead by the band. It was in that moment that I realised that I myself had to change, that I couldn't be woeful and heavy about my situation, I had to transition into worship in the same way that our evening began. So I positioned myself mentally and physically to dance, at that moment I felt something release, the pain had gone! And to cut a long story short I was moving in worship like I had never done before! God was bringing healing and I felt really free to worship Him through dance.

I am reminded of the story of Paul and Silas (Acts 16) who worshiped God despite being held in jail for spreading the Gospel. I don't know what picture you paint of a prison cell in 40AD, but I don't suppose it even had a mattress! As they worshiped, the prison walls broke down in an earthquake and they continued to worship whilst the prison guards feared for their lives! Was it positive thoughts that released them from their chains? No, it was their desire to pursue God with all that they had despite their situation!

Raise God above your situation, your worries, your pain and see where it takes you today!



How are you spurring yourself and your friends on to worship and acts of love despite what's going on? Is there something that needs to shift in your mind that might be holding you back? Message a friend today and ask them: "How can I pray for you today?" Don't settle for a witty response. We all need to know God more in our everyday life. How can the



**RAISE A HALLELUJAH** – Jonathan and Melissa Helsa (Bethel)

<https://www.youtube.com/watch?v=73resrDVxiU>

